

Parent & Child Activity Calendar

Elementary School

Hookena Elementary School
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THE
PARENT
INSTITUTE®

March • April • May 2018

Parent & Child Activity Calendar

Elementary School
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>March 2018</h2>						
4 Play Alphabet Mix-up. Choose a word and put the letters in alphabetical order. Can your child figure out the word?	5 Review math facts with your child today.	6 Talk about a familiar place and decide which direction it is from your home—north, south, east or west.	7 Read a poem aloud. Stop to let your child guess what the next rhyming word will be.	1 Have your child make a weather chart. Keep track of the temperature, wind and rain each day in March.	2 Write an encouraging note and tuck it in your child's lunch box or in a school book.	3 It's the birthday of Alexander Bell, inventor of the telephone. Teach your child how to take a phone message.
11 Does your child go online? Monitor which sites she visits. Talk about online safety.	12 Teach your child to take his pulse. Then have him jump up and down 50 times and take it again.	13 Talk about the importance of fruits and vegetables for healthy bodies. Let your child help you prepare some.	14 Set an example for your child. Let her see you reading. Then say something like, "I love reading about new things!"	15 Ask your child to add up all the change in your pocket or purse. Help him practice making change.	16 Remind your child that you enjoy her company and let her know you love her.	17 Have your child cut out pictures from several magazines. Then have him write a story about them.
18 Let your child help you make a family chore chart. Everyone can check off jobs as they are finished.	19 Pick a new word out of the dictionary. Challenge family members to use that word at least three times today!	20 Go outside and watch as the wind moves through the trees. Ask your child, "What sound does the wind make?"	21 Help your child make musical instruments from things around your house. Have a concert.	22 Talk with your child about the importance of telling an adult when someone is being bullied.	23 Help your child write a letter to a friend or relative today.	24 Books that win the Caldecott medal have great illustrations. Help your child find one at the library.
25 Go ice skating in the kitchen with your child. Put on socks and slide around—like you are on ice. Be careful!	26 Have your child draw a picture for the author of a book. Send it to the author in care of the book's publisher.	27 With your child, decide on a location anywhere in the world. Take turns telling one thing you would like to see there.	28 Encourage your child to take risks as long as they don't affect her safety. For example, have her try a new food.	29 Learn a tongue twister. At dinner, challenge everyone to repeat it three times fast.	30 Help your child start a collection. Provide a place to keep it—a box, a shelf, a drawer.	31 Look at your child's weather chart. Did March come in like a lion and go out like a lamb?

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1 Celebrate April Fool's Day. Ask your child to help you play a harmless, silly prank on family members.	2 April is Mathematics Awareness Month. Take time to talk about math with your child each day this month.	3 Get two socks. Soak one in water and keep one dry. Ask your child to tell you which one is heavier and why.	4 Have your child fill a container with water. Pour it into a taller container. Does the quantity of water look different?	5 Have your child insert four toothpicks horizontally into a potato. Set it on a glass of water. It should sprout in two weeks.	6 Listen to a piece of music that has no lyrics. Have your child write his own words to the song.	7 At the library, check out an audiobook to listen to with your child.
8 Learn the sign language alphabet with your child. Use it to practice spelling words today.	9 Have a jump rope contest. See how many jumps you and your child can do in a row.	10 Ask your child to describe the most beautiful place she has ever seen.	11 Ask your child to tell you the three best things about himself.	12 Talk about honesty and why it is so important. Find examples of people who demonstrate honesty.	13 Have your child interview people in various careers that interest her. What would a typical day be like?	14 Take an early morning walk with your child. Look for signs of spring.
15 Give each letter of the alphabet a monetary value. A = 1¢, B = 2¢, etc. Have your child calculate the value of different words.	16 Look through magazines and catalogs with your child for 90-degree angles. Create a collage of these angles.	17 Discuss the meaning of a dozen and half a dozen. What things are often sold by the dozen?	18 Check on your child's grades. If necessary, help him raise them before the year ends.	19 Have each family member make a list of his or her strengths. Read them aloud. Add to one another's lists.	20 Help your child figure out the perimeter and area of her bedroom.	21 Choose a recipe from another country or culture. Prepare it with your child.
22 Have 20 minutes of DEAR time today. This is a time when family members Drop Everything And Read.	23 Create an art gallery. Frame your child's artwork. Rotate the work on display frequently.	24 Find a new way to say "I love you"—in sign language or in secret code.	25 Let your family try eating with chopsticks tonight.	26 Make tonight a No TV night. Instead, have a family reading night. Read books aloud to your child.	27 It's the birthday of Samuel Morse. Send messages to family members in Morse Code.	28 Have your child lie down on the driveway or sidewalk. Trace his body with chalk. Let him decorate the drawing.
29 Have everyone in the family spend 30 minutes picking up the house. Many hands make light work.	30 Play a game of charades with your child. Use hand gestures and motions to describe your word.	April 2018				

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May 2018		1 It's Physical Fitness and Sports Month. Enjoy some new physical activity you can do together as a family.	2 Look at a photo in the newspaper today with your child. Talk about it. Then read the article together.	3 Celebrate National Bike Month by talking to your child about bicycle safety and the importance of wearing a helmet.	4 Encourage your child to put on a talent show or puppet show. You provide the popcorn and the applause.	5 It's Cinco de Mayo. With your child, learn about why this holiday is celebrated in Mexico.
6 At the grocery store, have your child estimate how many apples are in two pounds. Use the scales to check.	7 Have your child look at her reflection on the back of a spoon. How does it make her appear?	8 Talk about the five food groups with your child. Together, try to classify the foods in your pantry.	9 Let your child draw on white paper with a white candle. His picture will magically appear when he paints over it with watercolors.	10 Help your child measure something with a ruler. Count the inches together.	11 Have a Family Night In. Pop a big bowl of popcorn. Everyone should curl up with a good book.	12 Tonight, look at the moon. Is it a crescent, full circle or half circle? Have your child draw the shape.
13 How would your child handle an emergency? Teach her how to call 911. What should she say?	14 Let your child see you keep your temper when you are angry. Instead of yelling, calmly talk about how you feel.	15 Ask your child to complete this sentence: "If I had one wish, it would be"	16 Ask your child to imagine life 150 years ago. How about 150 years in the future?	17 At dinner, ask family members to share something they learned today.	18 Hide pennies around the house. Give your child a bag and have him find as many as he can.	19 Help your child check out a book on insects. Together, find and identify some in your backyard or the park.
20 Watch the news with your child. Choose a Person of the Week. Read more about that person.	21 Look at the weather forecast today. Have your child compare your weather to the weather in the rest of the country.	22 Look at photos from one year ago. Your child will be amazed at how much she has grown!	23 Help your child do something nice for someone else today.	24 Ask your child to give you a news report about what went on today. What's the "lead story"?	25 Remove three items from your purse or pocket. Show them to your child. Put them away. Can he name them?	26 Create a family joke book. Write one or two jokes per page. Staple the pages together.
27 Play a game with your child today. It can be an active outdoor game or a quiet board game.	28 Glue a photo of a family member on a page. Have your child decorate around it with drawings.	29 Fill glasses with different amounts of water. Have your child tap them with a spoon and listen to the different tones.	30 Play a game of Concentration using math flash cards. Problems with the same answer (9 x 2, 15 + 3) make a pair.	31 Have your child make a bookmark. She can decorate construction paper and cover with clear contact paper or packing tape.		

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